



In the heart of Breckenridge, CO, conveniently perched above Main St, our warm & inviting studio is dedicated to customized massage, bodywork & facials. If you are looking to relax or seeking relief from strenuous mountain activities, come to Sol Impressions to bring your body back to balance.



## Outcalls

### Massages At Your Place

Don't go anywhere. Hire a therapist to come to you. Please call to check for availability. Advanced booking required. 2 hours of services minimum.

30 min/ 100.00   60 min/ 150.00   90 min/225.00

## Policies

We are a professional massage therapy & esthetics studio which hires only state licensed & certified therapists. Please be sure to communicate with your therapist to get the most out of your treatment. We book therapists according to their availability, please let us know if you have a request. We value all of our workers and clients regardless of age, gender identity, religion, race & sexual orientation. Please be respectful.

Arrive 10-15 minutes prior to your appointment to use the restroom and fill out an intake form.

Please note that we have a 24-hour full charge cancellation policy as a courtesy to our staff.

Thanks for supporting our small, family-run business. If you were happy with your services, please write us a positive review online. Every bit of positivity helps!

## Directions

We are located on the second floor of the Georgian Square complex (same building as Downstairs at Eric's) on Main Street, just south of Ski Hill Road. The studio can be accessed from 2 entrances. Elevator access is available at the entrance across from the Columbine Cafe. Otherwise, please use our Main St. entrance which is a protruding doorway that lies between Modis Restaurant & Mountain Style Souvenir shop.

**Parking:** There is paid parking behind our building in the Ice House Lot, just off of Ski Hill Road, download the Passport Parking ap, which makes it easy to add time right from your phone.

**Help alleviate traffic:** Walk or take the bus to your appointment! Buses in Summit County are free. We are within walking distance from the gondola & bus station or hop on the Main St Trolley.

massage & facials



**sol impressions**  
massage & facials



Call or Book Online  
**970-453-2085**  
[www.solimpressions.com](http://www.solimpressions.com)

111 S. Main St. Unit C11-C13  
Breckenridge, CO  
[info@solimpressions.com](mailto:info@solimpressions.com)

# Mountain Bliss upgrades

## Oxygenate & Feel Great Massage

At 9,600 feet, you need this altitude relief! Pure oxygen is delivered through a nasal cannula for the duration of your Swedish, Deep Tissue or Sports massage. Supplementing with O<sub>2</sub> helps relieve headaches, shortness of breath & fatigue.

60 min/145.00    90 min/215.00



## CBD Pain Relief Massage

This therapy uses our proprietary CBD balm during your Swedish, Deep Tissue or Sports massage to provide immediate pain relief. CBD also provides a calming effect and is a top notch anti-inflammatory, contains no THC.

60 min/125.00    90 min/175.00

# Specialty Massages

## Hot Stone Massage

This pampering massage uses heated stones to provide a luxurious, gliding sensation of warmth that penetrates deeply into your tissues. Your tension will melt away.

60 min/130.00    90 min/195.00



## Mother to Be - Prenatal

The best choice to relieve the aches & pains of pregnancy. Available to expecting mothers in their 2nd & 3rd trimesters (at 13 weeks & beyond.)

30 min/ 90.00    60 min/120.00    90 min/180.00

## Ashiatsu Massage -please check for availability

This barefoot massage technique uses deep compression effleurage strokes that glide over the body, the most luxurious deep tissue experience.

60 min/120.00    90 min/180.00



# Add-Ons

- ♦CBD Balm +20.00
- ♦Pain Relieving Arnica Oil +15.00
- ♦High Altitude Sinus Steam +15.00
- ♦Steamy Hot Towels +15.00
- ♦Aromatherapy +10.00

- ♦Oxygen:  
+1.00/min  
+40.00/60min  
+60.00/90min  
(10min minimum)

# Classic Massages

## Simple Swedish Massage

This wonderfully relaxing massage technique uses light to firm pressure and smooth sweeping strokes to increase circulation, relieve tension, restore energy and create a sense of well being.

30 min/80.00    60 min/105.00    90 min/155.00



## Deep Tissue Massage

Deep tissue massage is ideal for people whose body needs work! This full body, therapeutic massage will locate and relieve tension & address chronic problem areas. It is an invigorating, yet relaxing massage with lasting benefits.

30 min/80.00    60 min/105.00    90 min/155.00

## Sports Massage

Recover from your active lifestyle with a sports massage. It uses moderate to deep pressure, stretching & muscle flushing to enhance flexibility, optimize muscle functioning & reduce pain.

30 min/80.00    60 min/105.00    90 min/155.00



## Couple's Massage

The perfect choice for couples, parents w/ children or best friends who want to be together in the same room. The price below reflects the cost of a couple's massage with a basic Swedish, Sports or DT. All upgrades or specialty massages are an additional charge.

30min/160.00    60min/210.00    90min/310.00

# Treatments

## Soothing Facial Massage

Rejuvenate with a simple 30 minute facial using steamed towels, refreshing lemon cleanser & nourishing avocado moisturizer. Indulge with a head, neck & shoulder massage. Performed by massage therapist.



30 min/85.00 (great add-on to any massage)

## Feet Treat Foot Scrub

Love your feet. Give them a treat. It is a great way to detox and unwind. Enjoy a herbal foot scrub, steamed towels and a minty foot & leg massage.

30 min/85.00 (great add-on to any massage)

*Go to [www.solimpressions.com](http://www.solimpressions.com) for a full menu!  
Book Online or Call 970-453-2085*

# Skin Care

All of our facials are customized using the Sanitas skin care line, a local Colorado company that focuses on stimulating & nourishing the skin while delivering concentrated, active & biogenic ingredients. Retail sizes are available to purchase and we can ship for free!

## The Perfect Facial

Our signature facial focuses on your individual skin care needs to brighten, hydrate & nourish. Includes deep cleansing, skin analysis, level 1 exfoliation, extraction, massage, nourishing mask & serums to leave your complexion refreshed & radiant. Customized for all skin types.

60 min/110.00    90min/165.00



## Mini Facial 30mins/ 85.00

## Ultimate Anti-Aging Facial

This facial adds amazing anti-aging flair. Take it up a notch with a deep enzyme exfoliation. Get a powerful Vitamin C mask. Finish it off with a high dose of collagen & elastin stimulating peptides for eyes & face.

60 min/140.00    90 min/195.00  
(add NuFace facelift +15.00)

*Add a Peel  
lactic, glycolic, TCA, Jesner  
to any facial for  
+15.00*

## NuFace Facelift Facial

Try the NuFace micro-current technology to lift & contour the face, while reducing puffiness & increasing the skin cell's energy production. Includes all facial essentials.

60 min/140.00    90 min/195.00



## Light Bright Vitamin C Facial

Feed your skin with this anti-aging facial that will leave your face bright & glowing. This facial employs a powerful enzyme exfoliation, lip treatment and uses high doses of soluble vitamin c throughout.

30 min/100.00    60 min/140.00    90 min/195.00

## OxyGeneo Facial -Oxygenate Exfoliate Infuse

This is the best facial we do and it does it all: plumps & hydrates, firms & tightens, reduces hyper-pigmentation and diminishes lines & wrinkles. It uses the patented technology of OxyGeneo to bring rich oxygen to the skin cells, exfoliate deeply & infuse active serums into the dermis. Your skin will feel buffed and hydrated like never before. Great for all skin types. No recovery time.

30 min/145.00    60 min/170.00    90 min/225.00

## Waxing Services -facial hair removal only

♦Eyebrow/25.00    ♦Lip or Chin/20.00